

Omitama City Living Guide



Daily
Life

Childcare

Medical
Care

Disaster
Safety

Garbage

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Contact List

Contact	Location	Telephone	Office Hours
Shimin Kyodo-ka	1F, Omitama City Hall, 835 Katakura, Omitama City	0299-48-1111	8 : 45~16 : 30
Miryoku Hasshin-ka	2F, Omitama City Hall, 835 Katakura, Omitama City	0299-48-1111	8 : 45~16 : 30
Ibaraki-ken Kokusai Koryu Kyokai Gaikokujin Sodan Senta	Ibaraki Prefectural Cultural Center Annex 745 Senba-cho, Mito City	029-244-3811	8 : 30~17 : 00
Ibaraki Kencho Hoken Iryo-bu Iryo Seisaku-ka	14F, Ibaraki Prefectural Government, 978-6 Kasahara-cho, Mito City	029-301-3124	8 : 30~17 : 15
Ibaraki Kencho Kenmin Seikatsu Kankyo-bu Gaikokujin Seisaku Chi-mu	12F, Ibaraki Prefectural Government, 978-6 Kasahara-cho, Mito City	029-301-2174	8 : 30~17 : 15
Shimin-ka	1F, Omitama City Hall, 835 Katakura, Omitama City	0299-48-1111	8 : 45~16 : 30
Kohoku Suido Kigyodan	2-6-4 Tajima, Ishioka City	0299-24-3232	8 : 30~17 : 15
Suido-ka	501-216 Nakanoya, Omitama City	0299-48-1111	8 : 45~16 : 30
Zeimu-ka	1F, Omitama City Hall, 835 Katakura, Omitama City	0299-48-1111	8 : 45~16 : 30
Iryo Hoken-ka	1F, Omitama City Hall, 835 Katakura, Omitama City	0299-48-1111	8 : 45~16 : 30
Kodomo Katei Senta	Ogawa Health Consultation Center, 2-1 Ogawa, Omitama	0299-56-6640	8 : 45~16 : 30
Kodomo-ka	2F, Tamari Branch Office, 1122 Kamitamari, Omitama City	0299-48-1111	8 : 45~16 : 30
Kyoiku Shido-ka	2F, Ogawa Branch Office, 4-11 Ogawa, Omitama City	0299-48-1111	8 : 45~16 : 30
Ibaraki Kencho Gakko Kyoiku-bu Koko Kyoiku-ka	22F, Ibaraki Prefectural Government, 978-6 Kasahara-cho, Mito City	029-301-5245	8 : 30~17 : 15
Bosai Kanri-ka	1F, Omitama City Hall, 835 Katakura, Omitama City	0299-48-1111	8 : 45~16 : 30
Shobo Honbu	43-2 Ogawa, Omitama City	0299-58-4541	8 : 30~17 : 15
Ibaraki Kenkei	978-6 Kasahara, Mito City	029-301-0110	9 : 00~16 : 00
Kankyo-ka	1F, Omitama City Hall, 835 Katakura, Omitama City	0299-48-1111	8 : 45~16 : 30

1. Consultation Services and Japanese Classes

Consultation Services

If you have a problem or do not understand something in daily life, please talk to us. You do not have to handle it alone. We will help you find a solution.

Omitama City Hall, Shimin Kyodo-ka



1F, Omitama City Hall, 835 Katakura, Omitama City



0299-48-1111

★ Consultations are free.

Japanese Classes

There are two places in Omitama City where you can study Japanese. First, call the Shimin Kyodo-ka. We will tell you about the classes. We will ask for your name and where you live.



Te to Te no Kai

Every Saturday from 1:30 p.m.

Location: Yasuragi-no-Sato Ogawa
(1508-1 Nakanobe, Omitama City)

Sabaidee

Every Thursday from 7:00 p.m.

Location: Hatori Fureai Center
(2663-70 Hatori, Omitama City)



To Receive City Updates



Shimin Kyodo-ka

Receive Omitama City updates on your smartphone!



▲ Visit the city website here

- Disasters and evacuation
- Fires
- Omitama City events

Register here



Miryoku Hasshin-ka

2. Ibaraki Prefecture Consultation Services



For General Advice on Daily Life

- ★ Consultations are free.
- ★ Help is available in many languages.



More
information

 Ibaraki-ken Kokusai Koryu Kyokai
Gaikokujin Sodan Senta



When You Need Medical Care You Can

- ★ Ask for advice before going to a hospital.
- ★ Use an interpreter at the hospital.
- ★ Available in 33 languages.



← Apply here before using the service

See how to apply here →



 Ibaraki Kencho Hoken Iryo-bu Iryo Seisaku-ka



IBARAKI Native Communication Supporters



- ★ Get help in your language.
- ★ A supporter can go City Hall with you.
- ★ Someone from your country will help you.

 Ibaraki Kencho Kenmin Seikatsu Kankyo-bu
Gaikokujin Seisaku Chi-mu



3. Administrative Procedures



When You Move



Shimin-ka



Moving into Omitama City	Complete the procedure at City Hall within 14 days of moving.
Moving within Omitama City	
Moving to Another Municipality	



Using Water at Home

To Start Water Service	Apply at least 3 days before you want to start service
To Stop Water Service	Apply at least 3 days before you want to stop service

If the ○○ part of your address is
上玉里(Kamitamari)、川中子(Kawanago)、
栗又四ヶ(Kurimata-Shika)、下玉里(Shimotamari)、
高崎(Takasaki)、田木谷(Tagiya)、 or
東田中(Higashitanaka) see here ▶▶

Kohoku Suido Kigyodan



Address :

○○, Omitama City

If the ○○ part of your address is not
listed on the left, see here ▶▶

Suido-ka



My Number Card

This card confirms your name and address. To get a My Number Card, apply at City Hall.

Shimin-ka



Taxes

People living in Japan must pay taxes. You may receive a payment slip at home. Use it to pay at City Hall, a convenience store, or a bank.

Zeimu-ka



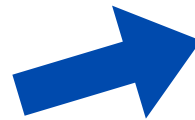
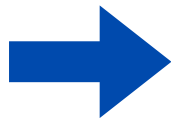
3. Administrative Procedures



National Pension



People aged 20 to 59 who live in Japan must join the National Pension system. Employees join the Employees' Pension Insurance system. Contributions support older people and people with disabilities.



 Iryo Hoken-ka



Health Insurance

 Iryo Hoken-ka

People living in Japan must have health insurance. It reduces the amount you pay for medical care when you are sick or injured.

[Health Insurance Eligibility Certificate]

You receive this certificate when you join health insurance. Show it when you visit a hospital.

Type	Who Enrolls	Contact
Employees' Health Insurance	Company employees	Your employer
National Health Insurance	People aged 0 to 74  More information	Iryo Hoken-ka
Medical Care System for Older Senior Citizens	People aged 75 or older  More information	Iryo Hoken-ka

4. Childcare and Education

When You Become Pregnant

Notify the city when you learn that you are pregnant.

- ① Get a pregnancy certificate from a hospital
- ② Install the app
- ③ Make an appointment in the app
- ④ Visit the Kodomo Katei Senta



Kodomo Katei Senta



When Your Baby Is Born

- ① Submit a birth notification to City Hall [within 14 days]
- ② Complete procedures at the Immigration Services Agency [within 30 days]
- ③ Report the birth to your embassy or consulate [requirements vary by country]



Shimin-ka



Nursery Schools and Kindergartens

These facilities care for children before elementary school when their parents cannot look after them because of work. You must apply before using them.
Ask the Kodomo-ka for details.



Kodomo-ka



Elementary and Junior High Schools

Learn about Japanese elementary schools before your child enrolls.

In Japan, children attend school for nine years from elementary through junior high school.

<Elementary school> Starts in April after the child's 6th birthday (6 years)

<Junior high school> Starts in April after the child's 12th birthday (3 years)

Ask the Kyoiku Shido-ka about enrollment.



Kyoiku Shido-ka



High Schools

You can learn about entering high school and school life in Japan. Ask the Koko Kyoiku-ka for details.



 Ibaraki Kencho
Gakko Kyoiku-bu Koko Kyoiku-ka



5. Disasters and Emergencies

Disasters

Earthquakes

A strong earthquake can damage buildings and cause fires.



Typhoons

Typhoons bring heavy rain and strong winds. They occur most often from July to October.

Flooding (rivers rise and overflow)

Landslides (soil collapses on a slope) may occur.



When a disaster occurs ...



Phone service may stop



Electricity, gas, and water may stop



Trains and buses may stop



You may be unable to buy supplies

Preparing for Disasters

It is important to prepare before a disaster occurs.

[Get Information]

★ Websites and social media

Omitama City Disaster
Information Website ▶



Bosai Kanri-ka on X ▶



Get information from reliable sources.

★ Uni-Voice app

During a disaster, you can check
dangerous areas and where to evacuate.



[Emergency Items to Take with You]

Prepare these items in a bag that is easy to carry.

Money, passport, health insurance eligibility certificate, driver's license,
My Number Card, drinking water, food (canned or ready-to-eat food),
portable radio, flashlight, regular medicines, etc.



Bosai Kanri-ka

Emergency Calls

Fire Department / Ambulance

 **119**



[What to Say]

- ① Say “Fire” 「Ka Ji De Su」 or
“Medical emergency” 「Kyu Kyu De Su」
- ② Give your location
- ③ Give your name and phone number

Police

 **110**



[When to Call]

- A crime (theft or assault)
- A traffic accident involving a car,
bicycle, etc.

6. Garbage and Pet Rules



How to Dispose of Garbage

Put out garbage at the designated place on the designated day. Collection days and locations vary by neighborhood.



 Kankyo-ka

Ask your Ku-Cho where to put out garbage.
Contact the Shimin Kyodo-ka to find your Ku-Cho.

* Ku-Cho : Neighborhood leader,
the representative of your local area



Available in English, Vietnamese, Indonesian, Sinhala, and Chinese.



Pet Care Rules



- ① Take good care of your pet for its entire life.
- ② Do not let your pet disturb other people.
- ③ Prevent unwanted breeding.
- ④ Learn about diseases that animals can transmit.
- ⑤ Make sure your pet can be identified if it gets lost.
- ⑥ If you rent your home, ask your landlord about the rules for keeping pets.

 Kankyo-ka

7. Bicycle Rules



Bicycle Safety Rules



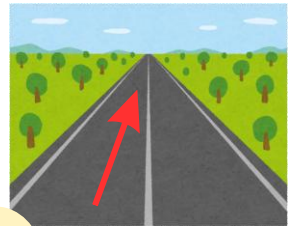
Do not use a mobile phone or earphones while riding.



Use a light when it is dark.



Only one person may ride a bicycle.



Ride on the left side of the road.



Do not ride a bicycle after drinking alcohol.

There are other rules. See more information here. Available in eight languages.



Information for Foreign Residents

We post event information and useful information for daily life!

- International exchange events
- Information for foreign residents
- Disaster information

 **Follow us!!**



@omitama.kokusai



Omitama International Exchange Association



8. Multilingual Guides

Available in Your Language!

Easy Japanese

やさしい日本語



English



Chinese

中文



Indonesian

Bahasa Indonesia



Thai

ภาษาไทย



Vietnamese

Tiếng Việt



Sinhala

සිංහල

